

2023-2024

# Assumption Catholic School Athletic Policies and Regulations

Revised 8/23

## **Mission Statement:**

It is the mission of Assumption Catholic School Athletics to promote the student-athlete to develop character, respect, teamwork and discipline that is consistent with our Christian faith while developing athletic skills.

## **Standards:**

Athletes, parents and coaches will abide by the moral standards set by Assumption Catholic School. Parents, players and coaches: your action, language and words are a reflection of your team, your school, the Church and your community. Keep them positive and reflective of our Christian values.

## **Athletic Fees:**

A Deposit of \$50 per uniform will be refunded upon return of clean- undamaged uniform at the end of the season. The deposit checks will be HELD – not cashed unless uniform needs to be replaced.

## **Responsibilities of Parents: (please read Responsibilities of Players and Coaches)**

1. **Make sure student athlete is keeping up with schoolwork.**
2. Boys and girls who participate in athletics must have health and accident insurance of their own and written approval from their parents. These students must have a physical exam every two years.
3. Encourage players to be good sports.
4. Remember you are setting an example for the student athletes.
5. See to it athlete attends practice sessions. **Your Assumption team will take priority over traveling teams or other athletic competitions.**
6. Support the athletic program by attending and work at fund raising activities.
7. Volunteer for at least three home games by keeping score, working “candy cart” concessions etc.
8. Remember that team coaches are essentially volunteers and it is their job to coach; Parents, please monitor halls, stage, and bathrooms when asked.
9. If you have a concern regarding coaching or playing time please bring it up to **the coach before or after a practice instead of at a game – NO child under any circumstance should be involved in this discussion. Next, if you feel the conflict was or has not been resolved contact the Athletic Director. The AD will contact our Principal; if needed; to help resolve any issues that may arise.**
10. Keep team uniform clean and mended. **To be washed in COLD WATER & AIR DRIED.**
11. Provide transportation when called on.

## **Responsibilities of the Players: (please read Responsibilities of Parents and Coaches).**

1. To be eligible for extra-curricular activities at Assumption, students must be enrolled at Assumption Catholic School.
2. **Students will dress modestly (sleeved t-shirts, school appropriate length shorts) at practice/games.**
3. All students are required to keep up with school work and have at least a C- in each core area: Religion, Language, Math, Reading/Literature, Social Studies, Science, Art, Physical Education, Health, Computer Literacy, Music, and Band, and Choir if they participate in Band and Choir. Academic eligibility is checked at mid quarter and quarter. If a student receives a grade lower than a C-, in any of these core areas, he or she will remain ineligible to practice and play in the extra-curricular area for a minimum of one week and until the grade is improved to at least a “C-” or better. We will inform parents and coaches when the students are eligible.
4. School Absence and Eligibility to participate in game play or practice: If a student intends to participate in a scheduled practice or game, he or she must attend school and participate in all classes for the entire day. Exception to this regulation will be made for doctor or dentist appointments and attendance at a funeral provided written notice is given to the school one or more days in advance.
5. A student will be suspended from participation in extracurricular activities for violations of laws, statutes, and ordinances, and for any and all use of alcohol, drugs, and/or tobacco. If a student violates the law or uses unlawful substances, the school staff and coaches have the duty to suspend the student from participation in extra curricular activities and report the violation to the parents of the student and law enforcement offices.

- 1<sup>st</sup> offense: One calendar year suspension from all extra curricular practices, matches, or performances.
  - 2<sup>nd</sup> offense: Suspension from all extracurricular participation for the remainder of the student's junior high career.
6. **All student players are expected to respect, cooperate and follow directions given by the coach. If a student does not abide by the coach's direction, the coach has the authority to discipline the player by reducing practice and playing time. Coach will let the Parents, AD & Principal know.**
  7. The Assumption Athletic Program is open to all eligible Assumption Catholic School Students. The program **strives to teach the Christian values of teamwork, dedication and sacrifice, self-discipline and mutual respect, fundamentals of various sports, development of talents and skills.**
  8. Cell phones and other electronic devices of any kind may not be seen, heard or used during practices or games, unless approved by the coach. For positive representation of our school, the focus of a student in uniform (playing or participating) should be cheering on their school teams. Assumption Catholic School reserves the right to confiscate any item inappropriately used or contains questionable content.
  9. A student athlete may participate with the public school in sports **not offered by Assumption Catholic School**. Dual participation in different sports during the same season is allowed provided that the student's priority and commitment is with the Assumption School team.
  10. Students who play on Assumption Catholic School teams are expected to attend all school practices, games and tournaments.
  11. Number of athletic programs/activities provided for male and female students will be comparable and specifically designed for elementary and middle schools.
  12. Competitive athletic programs will be limited to students in grades five through eight. Because of numbers, students may be moved up one grade level if necessary. This includes grade 4 helping complete the 5<sup>th</sup> grade team if necessary.
  13. Understand that due to the costs, traveling and time commitment put forth **for tournaments**, the objective is to win. Therefore, all playing time in tournaments will be at the coaches' discretion based on the number of players, the players' efforts, skill level and cooperativeness at practices and games.
  14. Student's spectators, pep groups, and bands shall not be permitted to follow a team to another school if such attendance requires absence from classes.
  15. All athletic uniforms are the property of Assumption School. They must be worn to games only. Students are not permitted to wear uniforms to school except in special circumstances. Uniforms may not be worn visibly anywhere outside of the athletic function for which they are intended.

#### **Responsibilities of Coaches: (please read the Responsibilities of Parents and Players)**

1. Support teacher's efforts for providing academic excellence.
2. Demonstrate, promote, encourage and instruct Catholic-Christian sportsmanship as expected of all Assumption players, parents, coaches, teachers and fans. **No profanity or inappropriate language or gestures are permitted.**
3. Encourage and participate as a team in prayer at practice and before/after games.
4. Demonstrate, encourage and instruct players to respect opponents, coaches, referees, and fans.
5. Encourage each participant to be involved in helping the team perform at its best possible level during practice and games, whether on the floor or bench.
6. Provide a written copy of policies, procedures and expectations to players and parents prior to season.
7. Do whatever you can to maintain safe playing conditions and make sure adequate medical supplies are replenished and on hand.
8. The coach has the authority to discipline uncooperative players by reducing practice and game time – the coach will inform parents, Athletic Director, and Principal when serious discipline problems occur at practice or game sessions.
9. All student players in grades 5-7 who meet the requirements as stated under "Players" in these policies and regulations will have the opportunity to play quality time in each game. However; at the 8<sup>th</sup> grade level this may not apply – this level may be played with emphasis on winning – this will be determined

by each 8<sup>th</sup> grade coach separately. For grades 5-7 – the number of players on a team, the players efforts and cooperativeness at practices and games will determine what “quality time” means.

10. Due to small numbers, grades 5-7 students from the next lower grade may be asked to play up. All students from the lower grade will get the opportunity to rotate up if needed with the understanding there is NO guarantee they will play. No student will be required to play up if they wish not to do so. The students will only play if needed, in scheduled school games. These players would be used as secondary players when the team is short players, foul trouble, large score differences, or when players become tired and need a rest. Under no circumstance will the player from the lower grade start before a player from the higher grade, with the exception of tournaments. Grade 8 the playing up rule changes to allow more competitive play – players to play up will be determined by 8<sup>th</sup> grade coach.
11. We participate in the 8<sup>th</sup> grade Brains and Brawn tournament in La Crosse, the 7<sup>th</sup> grade players are all invited to attend to be exposed to the atmosphere knowing they are NOT guaranteed to play – this is to be determined by the 8<sup>th</sup> grade coach.
12. Due to the costs, traveling and time commitment put forth for tournaments, the objective is to win. Therefore, all playing time in tournaments will be at the coaches’ discretion based on the number of players, the players’ efforts, skill level and cooperativeness at practices and games.

**Responsibilities of the Athletic Committee:**

1. Participate as needed at Parish Education Committee meetings.
2. Provide direction for Assumption School Athletic Program.
3. Meet with coaches prior to each season to review policies, procedures and expectations.
4. Obtain necessary funds to operate the athletic program.
5. Support the athletic program-attend and work at fundraising activities.
6. Determine stipends to coaches and other volunteers and submit to school administrator for final approval. Discussions regarding hiring and evaluation of coaches and discussion and approval of expenditures over \$50 must be decided at Athletic Committee meetings.
7. The Athletic Committee reserves the option to evaluate coaches at mid season.
8. **Any problems presented to any Athletic Committee members should be brought to the attention of the Athletic Director who will then bring it to the coach and Principal; and will notify or involve committee as needed.**
9. Provide an annual Athletic Recognition Program.

**Responsibilities of the Athletic Coordinator:** (Directly Responsible to the School Administrator)

1. Schedule practices and games as to not conflict with the school academic day or any other Parish/School commitment.
2. Try to provide ample number and variety of games, practices, and tournaments to give each student athlete opportunity to improve their skill level.
3. Provide Athletic Committee with feedback on how the program is going.
4. Maintain contact with area coaches, athletic directors, referees, and others who work with area athletes.
5. Answer questions from parents, coaches, athletic committee members, players, etc.
6. Communicate with administrator on problems and concerns with program, etc.
7. Schedule up to three tournaments, (including our own) per team.

\*\*\*\*\***Cut & Return**\*\*\*\*\*

I have read and I understand the Attached Policies and Regulations:

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Student Signature                      Date

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Parent Signature                      Date

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Student Signature                      Date

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Parent Signature                      Date

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Student Signature                      Date

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Parent Signature                      Date

Student Signature

Date

Parent Signature

Date